

New perspectives in rehabilitation of Adolescents with burns

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INTRODUCTION

Adolescence is a critical stage in the biological and psychological maturation of individuals. There are few experiences offering rehabilitation tailored to this age group, and the perceptions and experiences of patients with this kind of service have not been previously studied.

OBJECTIVE

- To evaluate the preferences of users regarding a comprehensive educational and care program designed for adolescents with burns in COANIQUEM, Chile.

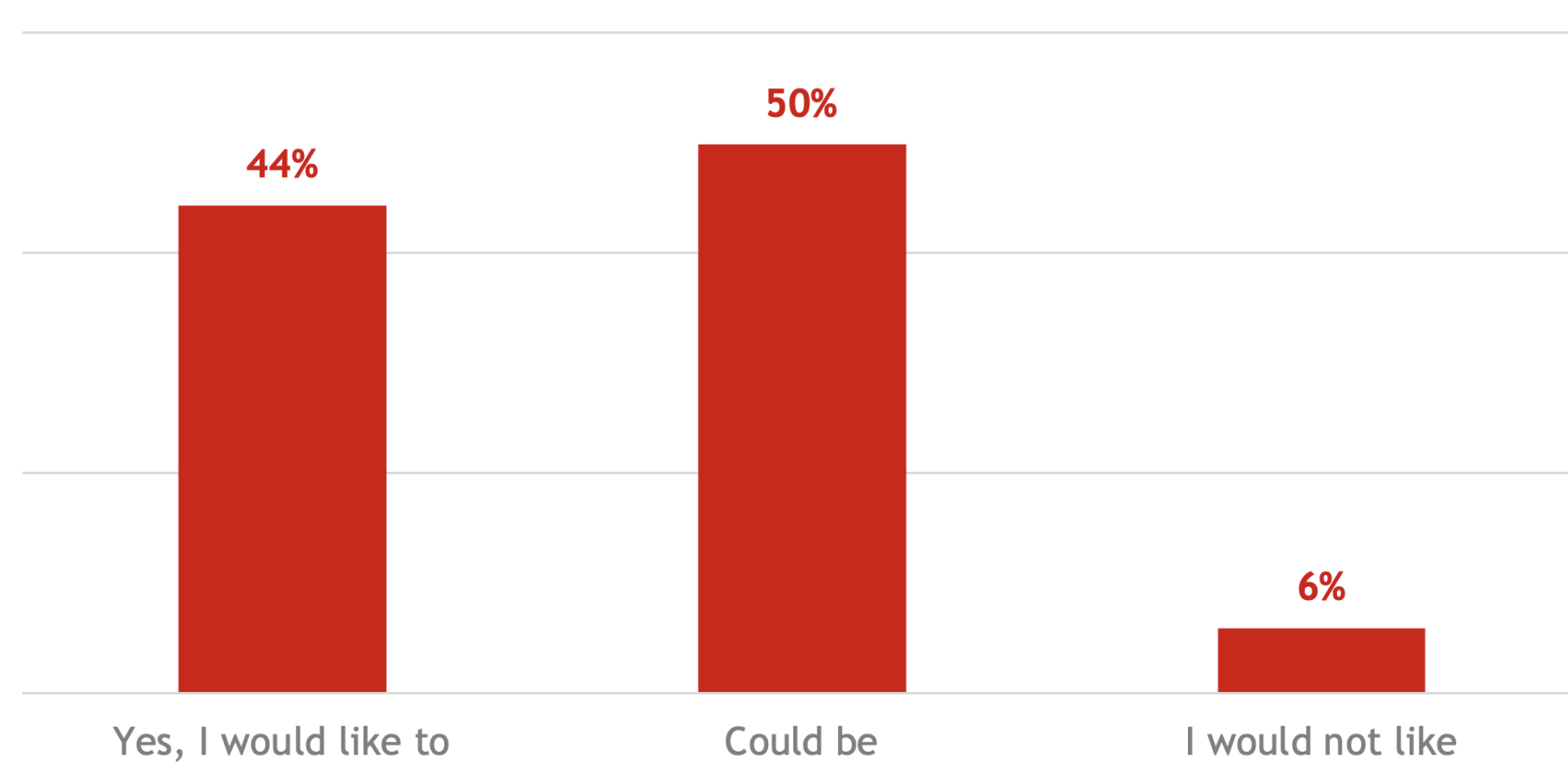
MATERIAL AND METHOD

- An interdisciplinary professional team was formed to protocolize and define the institutional scope of a comprehensive care service for adolescents with burns.
- A survey was developed to understand adolescents, parents/caregivers and burn care professionals' preferences and priorities regarding the burn care service to be provided.
- Survey data was analyzed using descriptive statistics

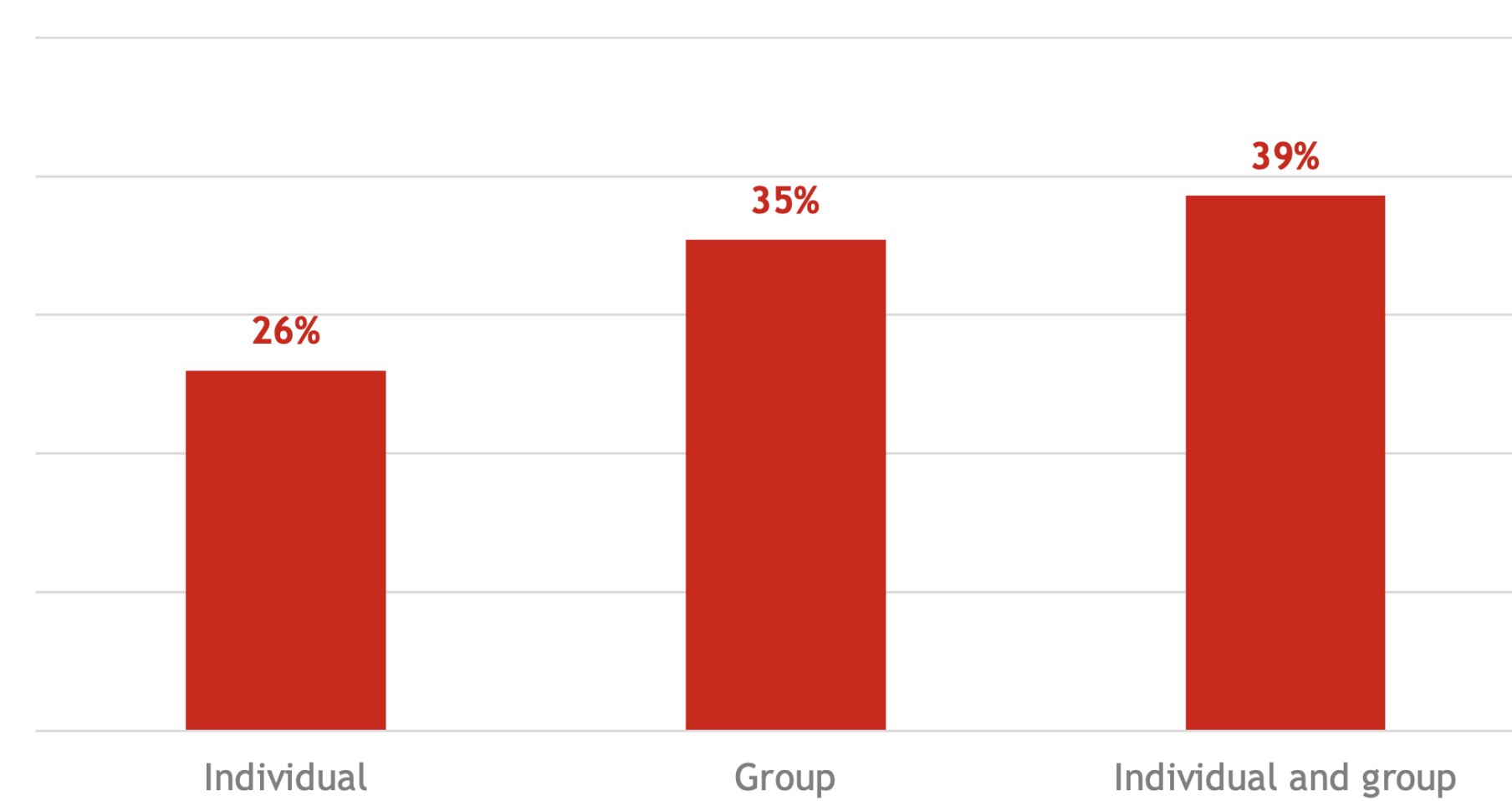
RESULTS

- Thirty-two adolescents (10 to 19 years, 54% females), 29 parents and caregivers, and 48 burn care professionals completed the survey.
- The adolescents had no preferences regarding face-to-face vs online program delivery modality (48,1 vs 51,9%), while 94% of participants reported having good access to internet.

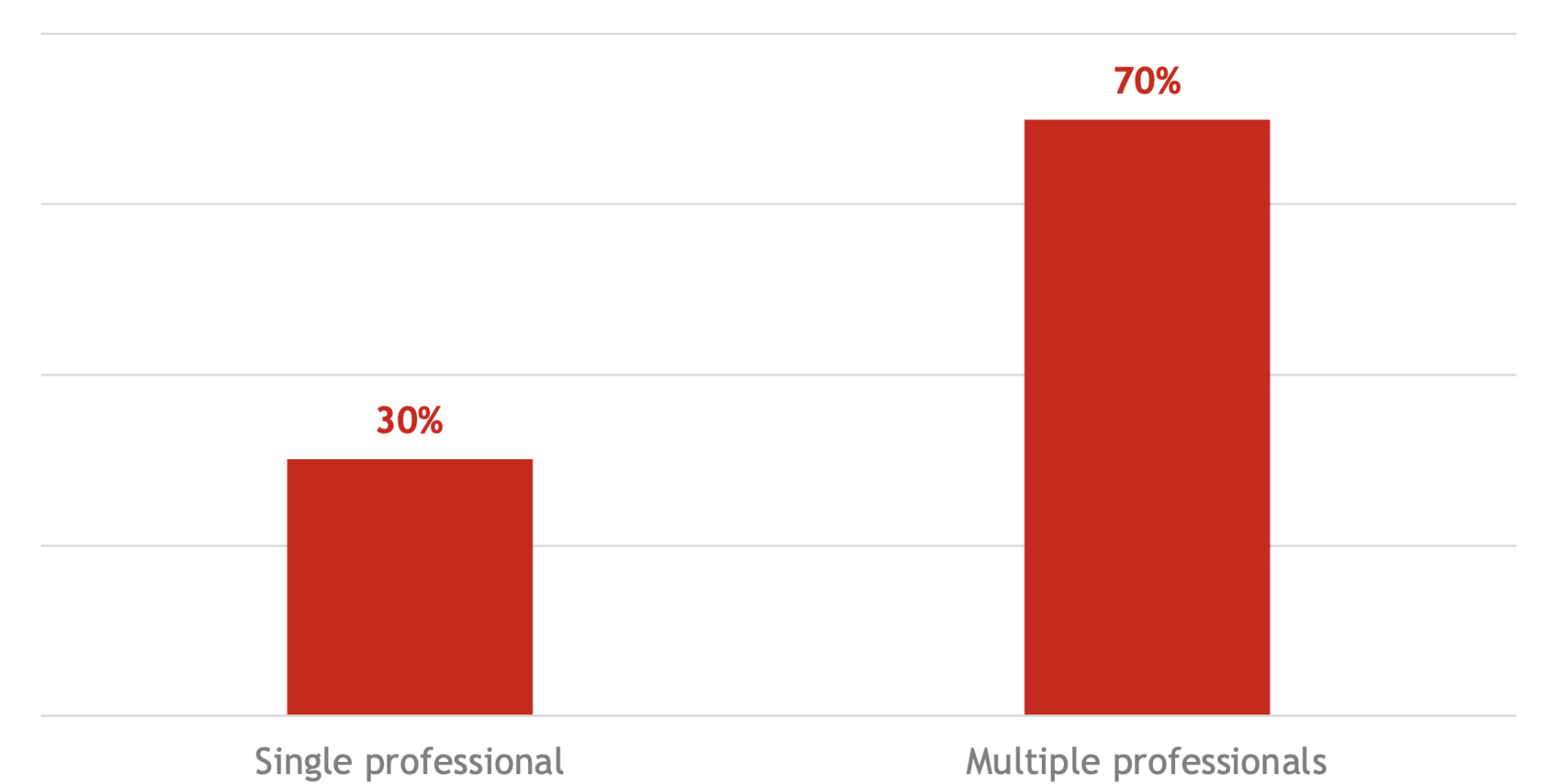
Interest in participating in activities to talk about adolescence



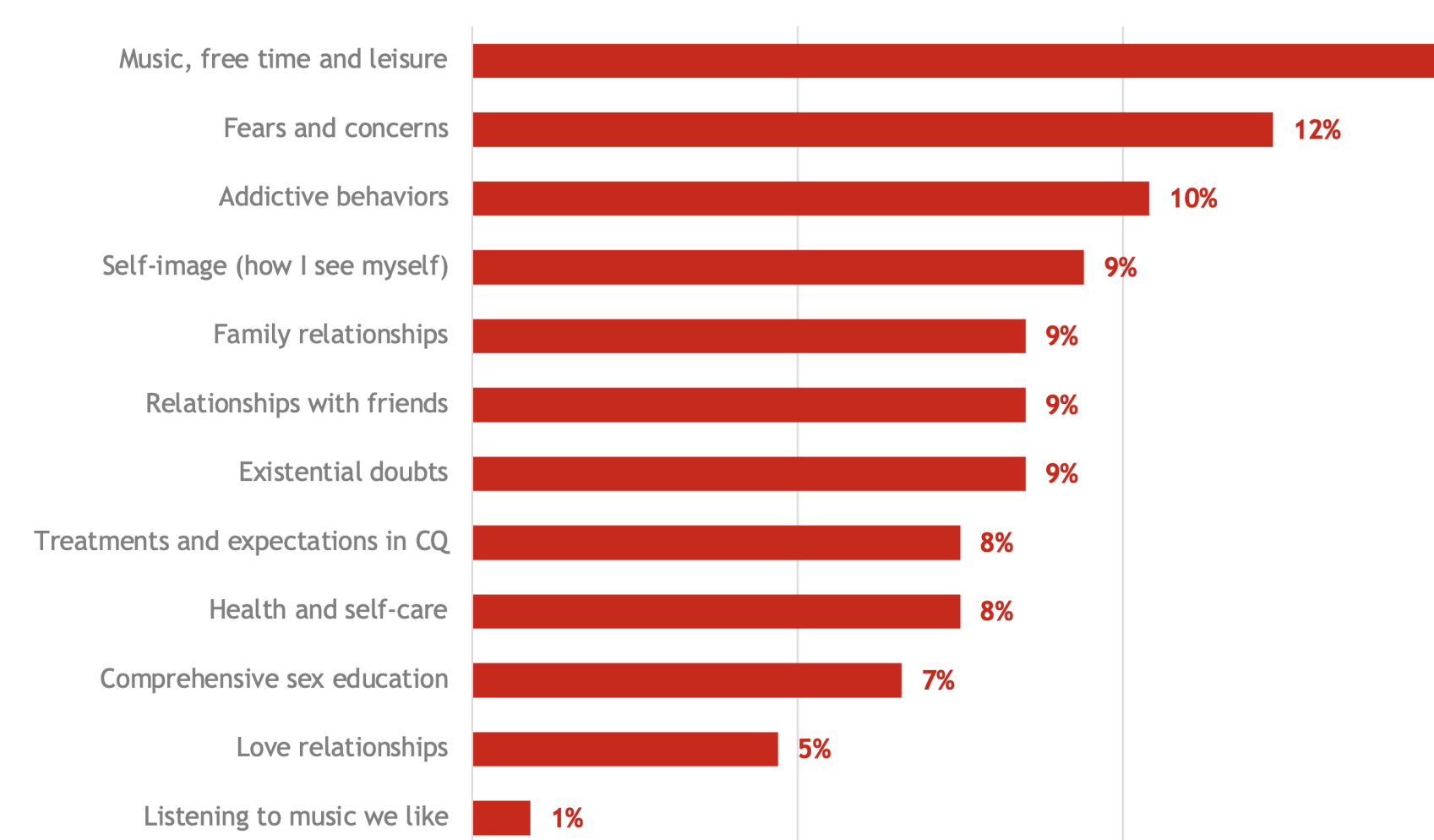
Type of activity preference



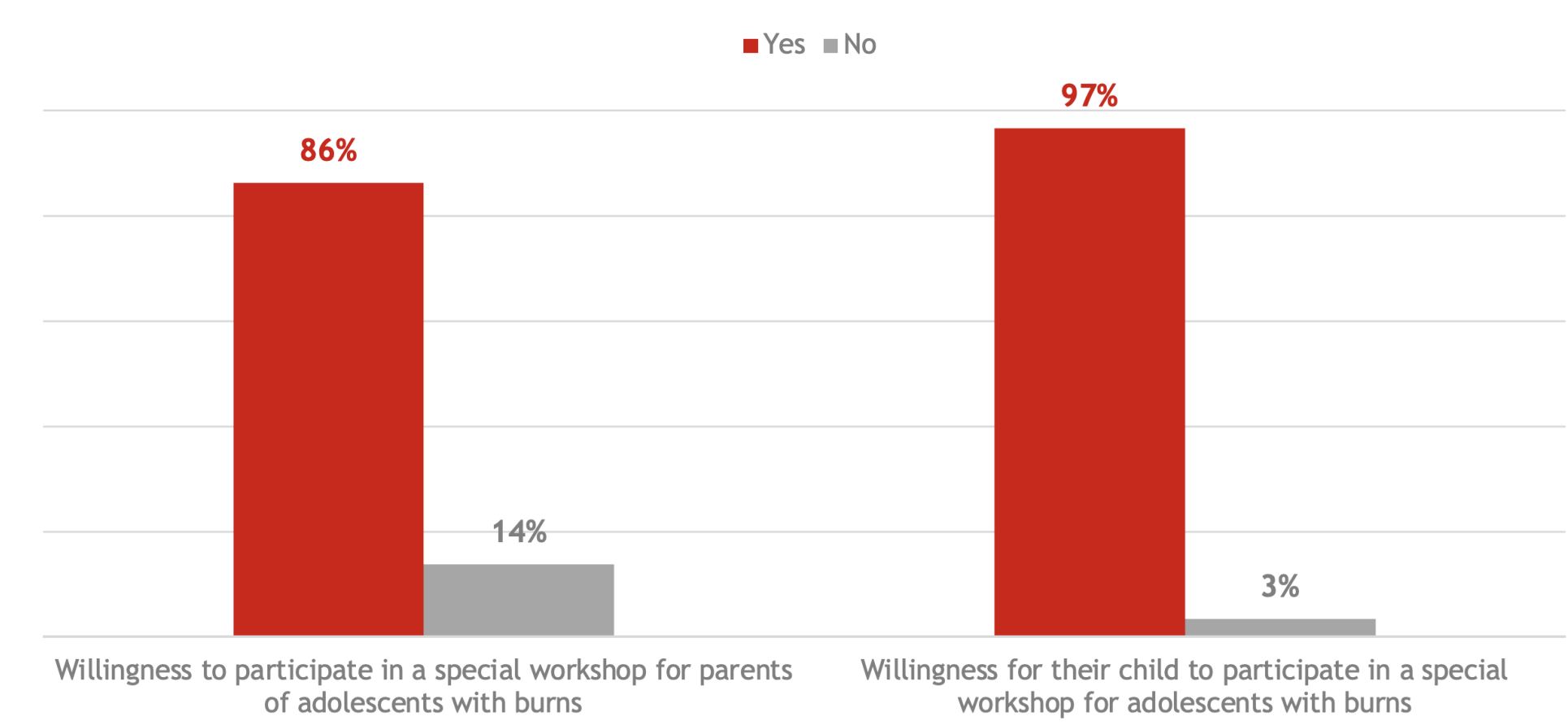
Type of service delivery preference



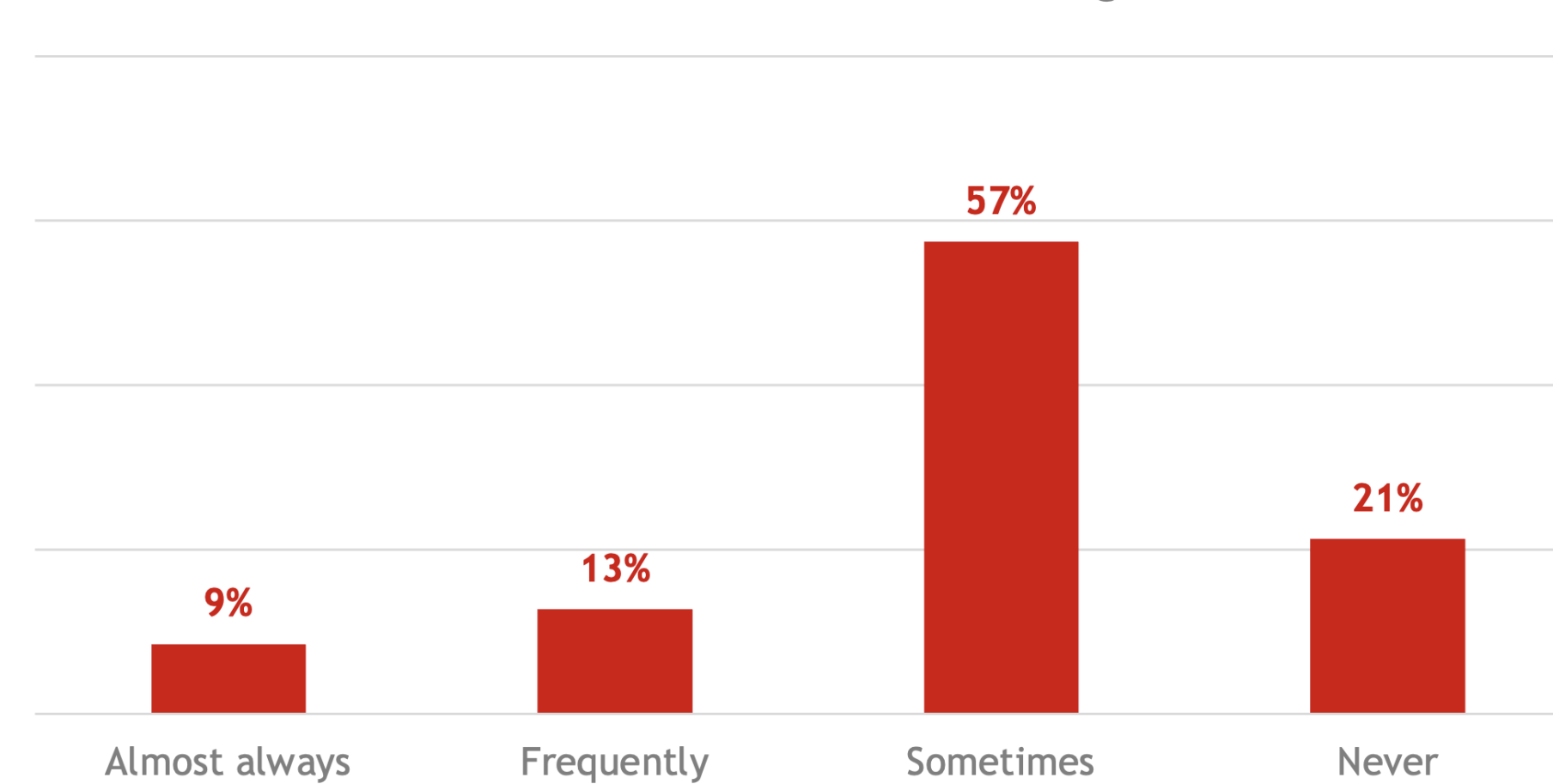
Topics of interest declared by participants



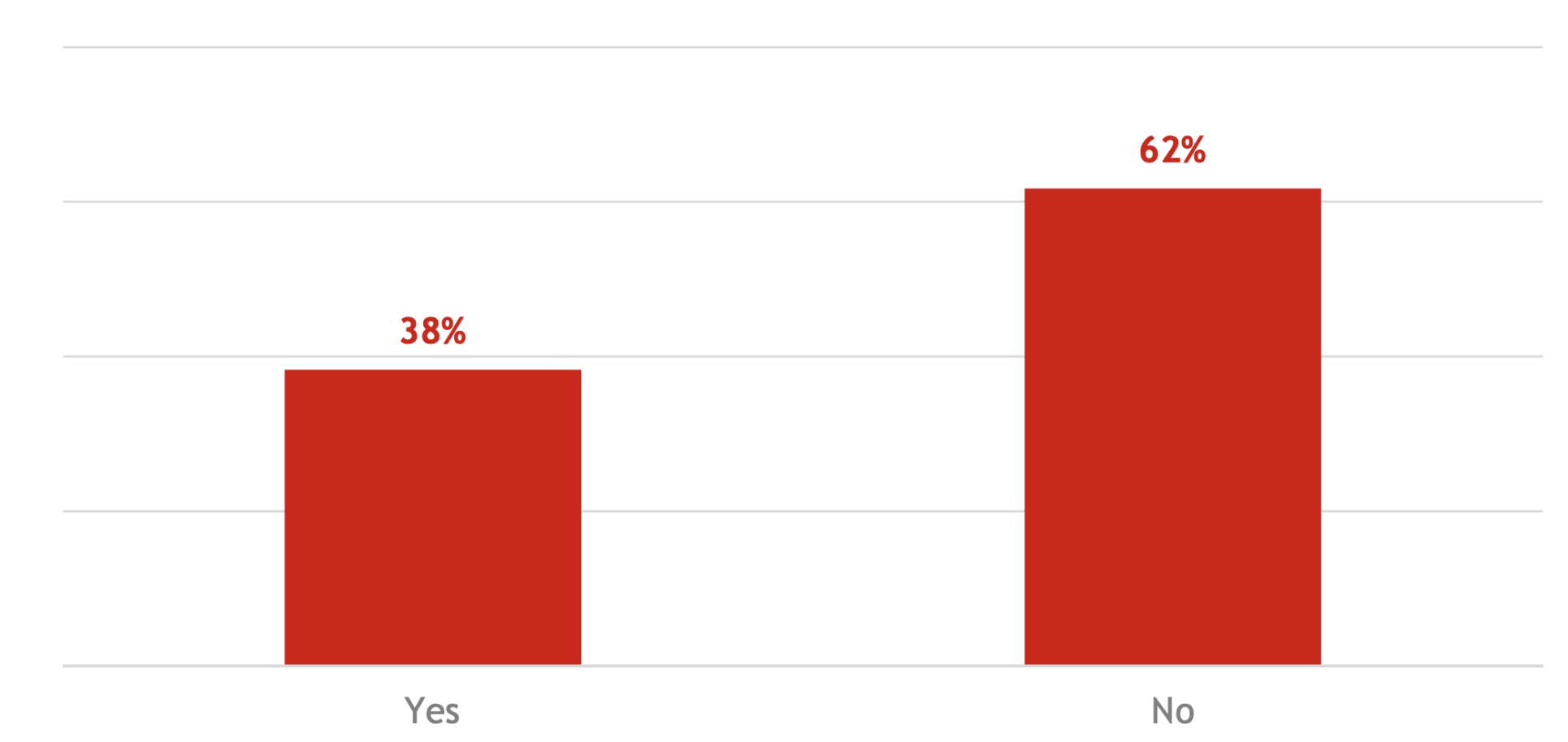
Responsible adult survey (n = 29)



Times professionals have conducted interventions addressing this issue



Perception of own qualification to conduct interventions directed to adolescents with burns



CONCLUSIONS

- The rehabilitation team requires training to provide adequate care for this population.
- Differentiated care for adolescents with burns is warranted and requires a comprehensive and interdisciplinary approach.
- Studies are required to define the best tools to establish diagnoses and effective specific treatment for this population.

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